



3rd CYPRUS INTERNATIONAL ORIENTEERING FESTIVAL

FIVE DAYS - FIVE EVENTS

13th - 17th MARCH 2024

PAPHOS & LIMASSOL AREAS CYPRUS



3rd CYPRUS INTERNATIONAL ORIENTEERING FESTIVAL

Wednesday 13th – Sunday 17th MARCH 2024

Paphos & Limassol areas CYPRUS.



Organiser:

Cyprus Mountaineering, Sports Climbing & Orienteering Federation
Orientaction Club (KOA Registration # 957)

17 Ayios Neofytou Street,

Lakatamia, 2334 Nicosia,

Cyprus.



Event Organisers:

Event Coordinator & Secretary: Ms Diana Bridger

Course Planners: Mr Peter Smith, Ms Diana Bridger

Event Advisor: Ms Diana Bridger



Event Centre:

The Event Centre will be at HYLATIO TOURIST VILLAGE, Pissouri.

Event Programme:

Tuesday 12 th March 2024	
18.00-20.00	Event Centre open, arrivals & checks in
Wednesday 13 th March 2024	
09.30	Event 1 – Pikni Forest, Paphos
18:00-20:00	Event Centre open
Thursday 14 th March 2024	
09.30	Event 2 – Lakko Frango (North)
18:00-20:00	Event Centre open
Friday 15 th March 2024	
09:30	Event 3 – Lakko Frango (South)
18:00-20:00	Event Centre open
Saturday 16 th March 2024	
09:30	Event 4 – Melanda
18:00-19:00	Event Centre open
19:00	Fun pairs night event at Hylatio Holiday village (extra event)
Sunday 17 th March 2024	
10:00	Event 5 – Lophou village (extended sprint)
13:30	Prize giving and farewells 😊

CLASSES:

Under 10 (shadowing permitted),

M/W12, M/W14, M/W16, M/W18, M/W20, M/W21, M/W21E, M/W35, M/W40/ M/W45, M/W50
M/W55, M/W60, M/W65, M/W70, M/W75, M/W80+

NB - The organisers hold the right to amalgamate or expand classes depending on the number of entries.

ENTRY FEES:

€70.00 per competitor for all five stages (five events). (Under 10yrs half price).

€16.00 per competitor for single events.

EQUIPMENT:

Runners are to provide their own compass and whistle.

Full leg coverage is highly recommended.

SPORTident electronic timing will be used. Own SPORTident cards may be used. Rent of SPORTident card is €10.00 for all five days or €3.00 per single day. Please note that loss of rented SPORTident card will be charged at €40 each. SPORTident Air (SIAC) is NOT currently available.

PRIZES:

Prizes will be awarded to the overall winner, second and third in each category after the first four events. The Sprint event will have separate prizes.

DEADLINES:

All entries paid BEFORE 31/12/2023 will receive 50% discount.

All accommodation bookings are on a first come first served basis, so we strongly suggest you book and pay early to avoid disappointment. (NB – Our Event Centre at Hylatio Tourist Village is a popular resort, great value for money and was fully booked three months in advance last time).

The final date for entries and accommodation bookings is 20 February 2024.

Please note that any entries or accommodation bookings not paid for by 21 February 2024 and any last minute exceptional entries after that date, will be subject to an additional 20% charge.

Any cancellations will be refunded, minus any bank charges, only up until 20 February 2024.

EMBARGOED AREAS:

The following areas, as from 01 August 2023, are considered OUT OF BOUNDS and embargoed for any type of events and or training, including hiking or walking:

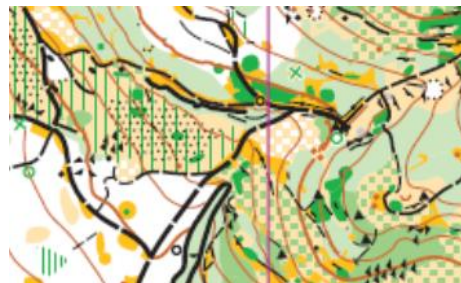
PIKNI FOREST, LAKKO FRANGO and MELANDA orienteering areas.

Likewise, LOPHOU VILLAGE is also considered embargoed for any type of event and or training as from 01 August 2023.

MAPS: Please note that the best possible scale will be used for each area and for each course.

Pikni Forest:

A 1:7,500 map drawn by Peter Smith in 2022/3 will be used. This is a lovely new area with mixture of runnable open pine/juniper forest with some areas of thick undergrowth and rocky patches. There are navigable clearings through parts of the forest and there is a good track/path network but muddy after rains. A sample of the map is shown here:



Lakko Frango (Well of the Franks):

A 1:7:500 (1:10,000 for Elite classes) map drawn by Peter Smith in 2022/3 will be used. The area is mostly rough open land with some forested patches, which are crossed by numerous paths and tracks throughout the area. The area is stunningly beautiful, with great vistas and views. The area is split by a main central track and will be divided into North and South parts. A sample of the map is shown here:



Melanda:

A 1:7,500 Melanda Map, redrawn and updated by Peter Smith in 2023 will be used. The area is open bondu with few obstructions across parallel ridges and three valleys which are crossed by numerous tracks and paths. This area can be quite physical in places for runners on the advanced courses. A sample of the map is shown here:



Lophou:

The 1:3,000 Lophou village map drawn by Michael Savvides will be used. There are plenty of narrow, twisty village roads and foot paths – some tarmac, some cobbled, some loose surface. Also, some steps and some rough open areas. Competitors are to avoid trespassing on private property and gardens. A sample of the map is shown here:



MAP OF CYPRUS SHOWING AIRPORTS, COMPETITION AREAS AND EVENT HOTEL LOCATIONS:



MAP SHOWING EMBARGOED AREAS:



Out of bounds & embargoed areas

ACCOMMODATION:

Cyprus International Orienteering Festival participants will have *exclusive* use of the HYLATIO TOURIST VILLAGE in picturesque Pissouri Bay. Another three hotels:- the Paphiessa Hotel and the Veronica Hotel in Paphos, and the Navarria Blue Hotel in Limassol will also be available as other options. EXCLUSIVE rates for these hotels have been negotiated and will be available only when booked through CIOF.

Whilst it is not obligatory to book your accommodation through us, the event organisers have gone out of their way to make sure the best possible hotel rates are available to all participants. These rates will be available only through us and are amazing value for money. . It is hoped that as many participants as possible will choose our Event Centre so as to create a great 'O Holiday' atmosphere. All accommodation price rates shown below are only available for a minimum of 4 nights stay. It is also possible to book accommodation for the days before and/or after the event with the same prices. All bookings and payments should be made through direct bank payment to Orientaction. All accommodation bookings will be made on a first come, first served basis, so please make your reservations well in advance as rooms are limited and will book up fast.

CIOF 2024 EVENT CENTRE - Hylatio Tourist Village, Pissouri Bay, Category A: (Minimum 4 nights)

<https://hylatio.com.cy/>

<https://what3words.com/solvers.irrational.good>

Double/Twin Room 2 persons	BB: €56.00 per night	HB: €68.00 per night*
Single Room 1 person	BB: €54.00 per night	HB: €62.00 per night
Triple Room 3 persons	BB: €76.00 per night	HB: €93.00 per night*
4 Bedded Room 4 persons	BB: €96.00 per night	HB: €116.00 per night*

*These prices are superb value for money and include breakfast buffet & evening meal!



Veronica Hotel, Paphos, 3 Star: (Minimum 4 nights)

<https://what3words.com/honeybees.realtime.bia>

<https://www.veronichotel.com.cy/>

Double/Twin room, 2 persons	BB: €66.00 per night
Double/Twin room, 2 persons	HB: €98.00 per night
Single room, 1 person	BB: €53.00 per night
Single room, 1 person	HB: €69.00 per night
Triple room, 3 persons	BB: €90.00 per night
Triple room, 3 persons	HB: €141.00 per night.



Paphiessa Hotel, Paphos, 3 Star: (Minimum 4 nights)

<https://what3words.com/kebabs.plays.park>

<https://paphiessacyprus.com.cy/>

Twin/Double room for 2 persons	BB : €52.00 per night
Twin/Double room for 2 persons	HB : €72.00 per night
Single room for 1 person	BB : €44.00 per night
Single room for 1 person	HB : €54.00 per night
Triple room for 3 persons	BB : €69.00 per night
Triple room for 3 persons	HB : €99.00 per night.



Navarria Hotel, Limassol, 3 Star: (Minimum 4 nights)

<https://www.navarriahotel.com/>

<https://what3words.com/overran.marathon.ignores>

Double/Twin room, 2 persons	BB: €60.00 per night
Double/Twin room, 2 persons	HB: €82.00 per night
Single room, 1 person	HB: €44.00 per night
Single room, 1 person	HB: €52.00 per night
Triple room, 3 persons	BB: €76.00 per night
Triple room, 3 persons	HB: €109.00 per night



TRANSFERS:

A self drive hire car is the suggested option for the duration of your stay (see para below). Airport transfers to your hotel/accommodation can also be arranged. Please send us your flight number and date of arrival and number of persons. Please note taxis are not cheap. A 4 seater taxi (minimum 3 persons) is €90 from Larnaca airport to Pissouri and a 6 seater taxi (minimum 5 persons) is €120 one way. From Paphos airport to Pissouri a four seater is €45 and a 6 seater is €65.

TRANSPORT TO AND FROM EVENTS:

Self drive hire cars are easily available to book on line and costs are reasonable. They will give participants more flexibility and can be collected and returned at the airport. Cyprus drives on the left as in UK. Please drive carefully and within the law at all times.

Transport to and from events can be arranged for events on all days but again it will not be cheap and we strongly suggest your own hire car.

VISAS:

The Republic of Cyprus is part of the EU. All EU citizens and those from Switzerland, and Norway, do not require a visa, just your national ID or passport valid for at least another six months after March 2024.

For a full list of other nationalities who do not require a visa, please see this list:

<https://mfa.gov.cy/no-visa-requirement.html>

List of countries requiring a visa:

<https://mfa.gov.cy/requiring-visa-to-enter.html>

Visa application details can be found here:

<https://mfa.gov.cy/application-process-and-requirements.html>

IMPORTANT FLIGHT NOTE:

Please note that only the official International Airports of the Republic of Cyprus at Larnaca and Paphos may be used.

<https://mfa.gov.cy/important-information-concerning-travel-to-occupied-area.html>

IMPORTANT NOTICE:

All participants in the Cyprus Orienteering Festival take part at their own risk and responsibility. Whilst a full risk assessment for each event will be conducted and will be made available, the organisers cannot and will not be held responsible for any accidents or damages that may occur during the event. We suggest you take out your own travel insurance.

FIRST AID & NEAREST HOSPITALS:

A qualified First Aider will be on duty at all events.

A first aid kit and drinking water will be available at the registration, start and/or finish areas of each event. The nearest Accident & Emergency units are:-

Paphos General Hospital, just off the end of the main highway into Paphos. Tel 26803100.

<https://what3words.com/librarian.consult.surpass>

Limassol General Hospital, on the North West side of Limassol. Tel 25801100.

<https://what3words.com/jetted.trace.soils>

INFORMATION ABOUT CYPRUS:

For information about Cyprus, please visit the following official website:

www.visitcyprus.com

WEATHER:

Please note that the weather in March can often be varied and changeable. Please bring appropriate clothing including jackets.

www.cyprus-weather.org

ORGANISER CONTACT DETAILS:**CYPRUS ORIENTEERING FESTIVAL WEB SITE:**

www.cyprusorienteering.com

cyprusorienteeringfestival@gmail.com

Facebook:

fb.me/orienteeringfestivalcyprus

Event Coordinator and contact for Accommodation, Transport and further information:

Ms Diana BRIDGER

Email: cyprusorienteeringfestival@gmail.com

Mobile: +357 97775414

PAYMENTS:

All Payments for entries, accommodation and any transfers and tours should be made by direct back transfer to Orientaction Club as follows:

(Please note that any bank charges should be borne by the payee)

BANK OF CYPRUS:

Name on Account: **SYLLOGOS ORIVASIAS KAI AGWN PROSANATOLISMOU ORIENTACTION**

IBAN: **CY36 0020 0195 0000 3570 1137 3319**

Bank Account No.: **3570 1137 3319**

Swift Code: **BCYPCY2N**

Address of Branch: **Corner Kennedy & Esperidon Street, Nicosia 1599**

ENTRIES:

Click on the web site link at www.cyprusorienteering.com

Or enter yourselves at www.orienteeingonline.net and contact us as well at mail:

cyprusorienteeringfestival@gmail.com

THE CYPRUS INTERNATIONAL ORIENTEERING FESTIVAL IS SUPPORTED BY:



HYLATIO



See you in
Cyprus for
CIOF2024!

